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Intake Information

Please respond as completely as possible to the following questions. You may place N/A in the response line for any that are not applicable. If there are any questions that you do not feel comfortable answering herewith, please reply R/S, will respond in session. Your responses will be maintained in complete confidentiality. Thank you for taking the time to complete this information that will be helpful in preparing for your treatment.

Name _____ Date _____

Address/Street _____

City _____ Zip _____

Mobile phone _____ Other? _____

Email _____ Referred by _____

Age _____ Date of birth _____

Relationship status: Single _____ Married _____ Divorced _____ Cohabitant _____

Spouse/Partner's name _____ Contact Number _____

Names and ages of children _____

Names and ages of siblings _____

Emergency contact information _____

Preferred mode of contact by therapist: Phone _____ Text _____ Email _____

Family of Origin History

Mother's name _____ Age _____

Mother's age at time of death _____ Your age then _____

Description of relationship with mother _____

Father's name _____ Age _____

Father's age at time of death _____ You age then _____

Description of relationship with father _____

Areas of Concern

What issues/concerns have prompted you to seek treatment? Please describe _____

Do you have any specific goals with regard to your treatment? _____

Do you have any particular concerns with regard to treatment? _____

Psychological History

Have you ever received mental health treatment before? _____

When and for how long? _____

What was the focus of treatment? _____

Have you ever been subject to one or more psychological tests? _____

Have you ever been hospitalized for mental or emotional problems? _____

When and for how long? _____

Why were you hospitalized? _____

Are you currently taking any prescription medications? _____ Which one(s) and dosage?

_____ Prescribed by whom? _____

How long have you been on the medications? _____

Have you in the past or are you currently experiencing any suicidal thoughts? _____

Please describe _____

Please describe your childhood _____

Were you ever subjected to verbal, physical, emotional, sexual abuse? Please describe

Have you ever been a victim of a violent crime? Please describe _____

Medical History

Have you ever been diagnosed with a serious illness? Please describe _____

Do you have any medical conditions that may affect your mental health treatment? _____

Please describe your overall health today _____

Are you experiencing any medical/physical symptoms you attribute to a mental, emotional, or stress-related condition? Please describe: _____

Do you smoke? _____ How much? _____ For how long? _____

Do you drink alcohol? _____ On average, how much alcohol do you consume in a week?

Do you currently use recreational drugs? Please describe your use _____

Have you ever been dependent on substances or medications? Please describe _____

Have you ever been in a 12-step program? Please describe _____

Additional Information

Please describe your spiritual or religious preference and history _____

Please describe your interests/hobbies _____

Please feel free to include any other information that you believe is relevant to your mental health treatment, not previously requested _____

Thank you. This information will be kept completely private.